



## **ENTRY FORM**

### **1<sup>st</sup> February 2025**

**THIS EVENT IS OPEN TO ALL CONSTITUANT ORGANISATIONS OF THE NATIONAL ASSOCIATION OF BOYS AND GIRLS CLUBS.**

These Championships are both a team and an individual event, each team consists of 4 runners within the same category.

[www.essexboysandgirlsclubs.org](http://www.essexboysandgirlsclubs.org)  
Charity No: 1163658

<b>AGES :</b>	Boys and Girls U11	9 or 10 years of age on 1 September 2024
	Boys and Girls U13	U13 years of age on 1 September 2024
	Boys and Girls U15	U15 years of age on 1 September 2024
	Boys and Girls U17	U17 years of age on 1 September 2024

**FORMAT:**

Registration and arrival: 11am – 11:30am

Races:	U11 Boys & Girls	2,000m
	U13 Boys & Girls	3,500m
	U15 Boys & Girls & U17 Girls	5,000m
	U17 Boys	6,500m

Presentations will take place at the end of the event for the 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> individuals and for the 1<sup>st</sup> and 2<sup>nd</sup> team of 4. Upon receiving your County's entry you will be sent joining instructions and directions to Layer Marney.

**HOW TO GET INVOLVED:**

Every club/member organisation must complete and return the enclosed forms to EBGC, via their NABGC - affiliated member organisation office, **by Friday 24th January 2025 to:**

**Essex Boys and Girls Clubs,  
Harway House,  
Rectory Lane,  
Chelmsford,  
Essex, CM1 1RQ**

**Tel: 01245 264783**

**E-mail: [georges@essexboysandgirlsclubs.org](mailto:georges@essexboysandgirlsclubs.org)**

Use one form per group, and photocopy if necessary. **This form must reach EBGC by Friday 24th January 2025**

**NAME OF CLUB/TEAM** .....

**ADDRESS (FOR CORRESPONDENCE)** .....

.....

.....**POST CODE:** .....

**EMAIL** .....

**NAME OF GROUP LEADER** .....

**TEL: (DAY)** ..... **(EVE.)**.....

**PLEASE SEND TO YOUR CONSTITUANT ORGANISATION FOR APPROVAL**

<p><b>COUNTY ORGANISER:</b></p> <p><b>SIGN:</b> .....</p> <p><b>PRINT:</b> .....</p> <p><b>DATE:</b> .....</p>
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**BOYS U.11** (9 or 10 years of age on 1<sup>st</sup> September 2024)

CONSTITUENT ORGANISATION .....

**(BLOCK CAPITALS PLEASE) -**

Counties/Countries may enter as many runners as they wish. The first 4 runners through the finish will count as team 'A' the second 4 Team 'B' etc. Counties entering less than 4 runners will qualify for the individual competition but will not qualify in the team event

**FULL NAME**

**D.O.B.**

**CLUB**

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**If Constituent Organisations wish to enter more than 12 runners please photocopy and adapt this form**

**Girls U.11**

(9 or 10 years of age on 1<sup>st</sup> September 2024)

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**Boys U.13**

(11 or 12 years of age on 1<sup>st</sup> September 2024)

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**Girls U.13** (11 or 12 years of age on 1<sup>st</sup> September 2024)

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**Boys U.15** (13 or 14 years of age on 1<sup>st</sup> September 2024)

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**Girls U.15** (13 or 14 years of age on 1<sup>st</sup> September 2024)

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**Boys U.17** (15 or 16 years of age on 1<sup>st</sup> September 2024)

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**Girls U.17** (15 or 16 years of age on 1<sup>st</sup> September 2024)

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# Group Leader Information

Every group participating in the event must be self-sufficient and have a nominated group leader to be the main point of contact for event staff. Each group leader is responsible for their group's own operation and welfare.

Each group leader must:

- **Be responsible for the safety and welfare for the members of the group**
- **Ensure that the group behaves responsibly at all times**
- **Hold on-site consent forms containing personal and health information on each of their group members**
- **Provide first aid cover for their group**