

National Association of Boys' & Girls' Clubs

incorporating England, Wales, Scotland & Northern Ireland

Athletics Championships 2025

(Run under UK Athletics Rules – Licence No. SOUTH R.A.C.TF-005)



DABGC



Sunday

1st June 2025

at 12 noon prompt

Shildon-Sunnydale Leisure Centre

Middridge Lane

Shildon

DL4 2EP

Tel: 0300 026 6448

<https://www.durham.gov.uk/shildonsunnydaleleisurecentre>

ENTRY FORMS & JOINING INSTRUCTIONS

NATIONAL ASSOCIATION OF BOYS' & GIRLS' CLUBS

Athletics Championships 2025

The finals take place this year on Sunday 1st June at Shildon Sunnydale Leisure Centre, Middridge Lane, Shildon, DL4 2EP Tel: 0300 026 6448 <https://www.durham.gov.uk/shildonsunnydaleleisurecentre>

- Entries** This event is open to all NABGC affiliates
Clubs can enter 2 individuals in each event.
Points will be awarded in each event to count towards the team total.
- Entry Fees** Free Entry to all teams.
- Ages** Boys & Girls U11 - 9 or 10 on 31st August 2025
Boys & Girls U13 - 11 or 12 on 31st August 2025
Boys & Girls U15 - 13 or 14 on 31st August 2025
Boys & Girls U17 - 15 or 16 on 31st August 2025
Boys & Girls U20 - 17 or over on 31st August 2025 but under 20 on 31st December 2025
- Competitors** U11 can compete in 2 events plus relay
U13, U15 & U17 can compete in 3 events plus relay
U13, & U15 The same athlete cannot compete in both 800m and 1500m events
U20 can compete in 5 events including relay
- Substitutes** Substitutes will be allowed on the day, but must be registered upon arrival and before closing of entries at 11:30am
- Entries to** Durham Assoc of Boys & Girls Clubs, Old Court House, Newcastle Road, Chester le Street, Durham, DH3 3UA Tel: 0191 3831894 E-mail: dabgc@btconnect.com
- Entry Forms** Both copies of the Entry Forms must be fully completed - one copy to be submitted at registration and the second copy to be held by the Club Team Manager on the day
- Registration** 11.00am – 11.30am at Shildon Sunnydale Leisure Centre. Please arrive promptly
Registration will take place at the running track.
Team managers will be issued with runners' letters and pins. Please ensure that your competitors' name is written on their letter card.
There will be a Team Managers' Meeting/Briefing at 11:40am at the Registration point.
- Event Times** Field Events start at 12.00 noon
Track Events start at 12.30 pm
- Parking** Parking is restricted at the Track. Ample free parking should be available in the main car park
- Refreshments** Drinks and snacks will be available for purchase from vending machines at the Leisure Centre but if you do not wish to do this please make sure that your team members bring a packed lunch.
- Presentations** Medals will be presented to the winner in each event throughout the afternoon.
Team trophies will be presented at the conclusion of the event.

NABGC Athletics Championships 2025

Entry Form Boys under 11

9 or 10 years of age on 31st August 2025

CLUB

Two Competitors per Club for each Event (excluding Relay)

Competitors may enter 2 Events plus Relay

Results - - - For Official Use Only

EVENT	NAME	D.O.B.	Time/ Height/Distance	Place	Points
75 metres	1				
	2				
200 metres	1				
	2				
800 metres	1				
	2				
4 x 100m Relay	1				
	2				
	3				
	4				
High Jump	1				
	2				
Long Jump	1				
	2				
Shot	1				
	2				
				TOTAL	

NABGC Athletics Championships 2025

Entry Form Boys under 13 11 or 12 years of age on 31st August 2025

CLUB

Two Competitors per Club for each Event (excluding Relay)

Competitors may enter 3 Events plus Relay

The same athlete may not compete in 800m and 1500m

Results - - - For Official Use Only

EVENT	NAME	D.O.B.	Time/ Height/ Distance	Place	Points
100 metres	1				
	2				
200 metres	1				
	2				
800 metres	1				
	2				
1500 metres	1				
	2				
4 x 100m Relay	1				
	2				
	3				
	4				
High Jump	1				
	2				
Long Jump	1				
	2				
Shot	1				
	2				
				TOTAL	

NABGC Athletics Championships 2025

Entry Form Boys under 15

13 or 14 years of age on 31st August 2025

CLUB

Two Competitors per Club for each Event (excluding Relay)

Competitors may enter 3 Events plus Relay

The same athlete may not compete in 800m and 1500m

Results - - - For Official Use Only

EVENT	NAME	D.O.B.	Time/ Height/Distance	Place	Points
100 metres	1				
	2				
200 metres	1				
	2				
300 metres	1				
	2				
800 metres	1				
	2				
1500 metres	1				
	2				
4 x 100m Relay	1				
	2				
	3				
	4				
High Jump	1				
	2				
Long Jump	1				
	2				
Triple Jump	1				
	2				
Shot	1				
	2				
Discus	1				
	2				
Javelin	1				
	2				
				TOTAL	

NABGC Athletics Championships 2025

Entry Form Boys under 17 15 or 16 years of age on 31st August 2025

CLUB

Two Competitors per Club for each Event (excluding Relay)

Competitors may enter 3 Events plus Relay

Results - - - For Official Use Only

EVENT	NAME	D.O.B.	Time/ Height/Distance	Place	Points
100 metres	1				
	2				
200 metres	1				
	2				
400 metres	1				
	2				
800 metres	1				
	2				
1500 metres	1				
	2				
3000 metres	1				
	2				
4 x 100m Relay	1				
	2				
	3				
	4				
High Jump	1				
	2				
Long Jump	1				
	2				
Triple Jump	1				
	2				
Shot	1				
	2				
Discus	1				
	2				
Javelin	1				
	2				
				TOTAL	

NABGC Athletics Championships 2025

Entry Form Boys under 20 17 or over on 31st August 2025 but under 20 on 31st December 2025

CLUB

Two Competitors per Club for each Event (excluding Relay)

Competitors may enter 5 Events including Relay

Results - - - For Official Use On

EVENT	NAME	D.O.B.	Time/ Height/Distance	Place	Points
100 metres	1				
	2				
200 metres	1				
	2				
400 metres	1				
	2				
800 metres	1				
	2				
1500 metres	1				
	2				
3000 metres	1				
	2				
4 x 100m Relay	1				
	2				
	3				
	4				
High Jump	1				
	2				
Long Jump	1				
	2				
Triple Jump	1				
	2				
Shot	1				
	2				
Discus	1				
	2				
Javelin	1				
	2				
				TOTAL	

NABGC Athletics Championships 2025

Entry Form Girls under 11

9 or 10 years of age on 31st August 2025

CLUB

**Two Competitors per Club for each Event (excluding Relay)
Competitors may enter 3 Events plus Relay**

Results - - - For Official Use Only

EVENT	NAME	D.O.B.	Time/ Height/Distance	Place	Points
75 metres	1				
	2				
200 metres	1				
	2				
800 metres	1				
	2				
4 x 100m Relay	1				
	2				
	3				
	4				
High Jump	1				
	2				
Long Jump	1				
	2				
Shot	1				
	2				
				TOTAL	

NABGC Athletics Championships 2025

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EVENT	NAME	D.O.B.	Time/ Height/Distance	Place	Points
100 metres	1				
	2				
200 metres	1				
	2				
800 metres	1				
	2				
1500 metres	1				
	2				
4 x 100m Relay	1				
	2				
	3				
	4				
High Jump	1				
	2				
Long Jump	1				
	2				
Shot	1				
	2				
				TOTAL	

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200 metres	1				
	2				
800 metres	1				
	2				
1500 metres	1				
	2				
4 x 100m Relay	1				
	2				
	3				
	4				
High Jump	1				
	2				
Long Jump	1				
	2				
Shot	1				
	2				
Discus	1				
	2				
Javelin	1				
	2				
				TOTAL	

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	3				
	4				
High Jump	1				
	2				
Long Jump	1				
	2				
Shot	1				
	2				
Discus	1				
	2				
Javelin	1				
	2				
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	2				
400 metres	1				
	2				
800 metres	1				
	2				
1500 metres	1				
	2				
4 x 100m Relay	1				
	2				
	3				
	4				
High Jump	1				
	2				
Long Jump	1				
	2				
Shot	1				
	2				
Discus	1				
	2				
Javelin	1				
	2				
				TOTAL	

NATIONAL ASSOCIATION OF BOYS' & GIRLS' CLUBS

Athletics Championships 2025

Athletics Officials

If your Club has anyone who would like to officiate at the National Athletics Championships on Sunday 1st June 2025 please indicate below:

	QUALIFIED OFFICIALS: FIELD	Level
1		
2		
3		
4		

	QUALIFIED OFFICIALS: TRACK	Level
1		
2		
3		
4		

	QUALIFIED OFFICIALS: TIMEKEEPERS	Level
1		
2		
3		
4		

	UNQUALIFIED OFFICIALS	
1		
2		
3		
4		

PLEASE ENSURE THAT YOU COMPLETE 2 COPIES OF THE ENTRY FORMS:

- one copy to be submitted at Registration
- the second copy to be held by the Club Team Manager on the day of the event

IF YOU HAVE ANY QUERIES PLEASE TELEPHONE:

Simon Healey 07917 156954

Alan Watson 07917 156953

